

# Ballet Magazine

A young ballerina with dark hair pulled back is captured in a graceful ballet pose. She is wearing a black leotard, pink tights, and white pointe shoes. Her right arm is extended upwards, and her left arm is extended outwards to the side. She is standing on her right leg, with her left leg bent and tucked under her. The background is a plain, light-colored wall with a white baseboard and a wooden floor.

Chiara

D'Amato

Author and Dancer  
with  
Ballet Etudes Company

## **FUEL YOUR DAY**

How to make a  
scrumptious  
ballerina breakfast

## **ROMA MORGAN**

An Interview with  
Ballet Etudes  
Costume Mistress

## **BALLERINA COMEDY**

Silly pranks played this  
Nutcracker season



## Table of Contents

Nutcracker Auditions	Page 1
The Arabesque Incident	Page 1
Gloomy Ballerina	Page 2
Dear Editor,	Page 3
Ballerina Fuel	Page 5
Grand Jete	Page 5
Costume Mistress	Page 6
I'm in Love with a Swan	Page 8
Pointe Shoes	Page 9
Enrollment Jitters	Page 10
Dew Drop Fairy	Page 10
Dear Prima Ballerina,	Page 12
Dr. Coppelius' Mistake	Page 13
The Ridiculousness in Classical Ballet Performances	Page 13
The Snobby Understudy	Page 14
Fight Scene	Page 16
Dear Martha,	Page 16
New Shoes	Page 17
Company Audition	Page 17



## Nutcracker Auditions

Nutcracker auditions are chaotic, but they are a great learning experience! On September 12, 2015, the Ballet Etudes Dance Studio was packed! Dancers from all over the East Valley had come to this audition. When you open the door you will be dumbfounded at how crowded the small building is. You have to remain in a long line with your parent to get a registration form. The line is so long; some people even have to wait outside under the awning. All you will be able to hear inside are the noises of pencils scribbling, girls chatting, and papers moving.

As you enter the

stretching room you will see all kinds of dancers. They all have something unique about themselves. Some are tall and thin and others short and muscular. Finally, you will be called into the room in which you audition. As the instructor teaches the first combination, you will see how all of the dancers have varying abilities, which can appear very interesting. Once you have been split up in groups, you can watch the teacher explain a pleasant dance from The Nutcracker. The music will start playing and you will see both joy and hard work being put into the combination. Then, it will be your groups turn.

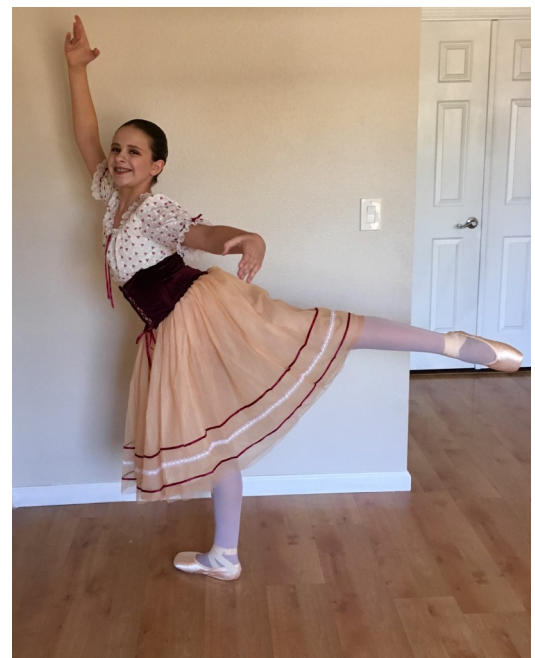
After a few combinations, you might start to get confused. You may not be able to understand the moves, but if you watch the higher level dancers you will understand more. Once the first group will start, you can see how the older girls smile and dance with great joy, even if they make a mistake! When you step out and start dancing, you might see how the higher level dancers surrounding you dance with grace and beauty. You should try to smile even if you mess up. You just might be in awe of the older dancer's grace!

Then, the audition will be finished. You will prob-

ably be filled with joy after you try out! After all the dancing, hard work, and waiting you might be accepted into Ballet Etudes the Nutcracker! I suggest that you try out for Ballet Etudes Nutcracker this year or the next!

## The Arabesque Incident

She went into arabesque  
Trying to hold it all in,  
She let out a fart.





## Gloomy Ballerina

It was a cloudy Thursday afternoon and everyone was wearing winter jackets. Ashley, however, wasn't wearing her winter jacket at all. She was riding in her mom's white Toyota Camry. Her mom had asked the principal, Miss Esther, to have Ashley let out of school early. Ashley didn't know why she was let out early today.

Ashley is in the 7<sup>th</sup> grade at Porter Middle School, and she has been in public school ever since Kindergarten. Ashley has made many close friends at Porter Middle School during her first semester.

Ashley gloomily stared out the window and thought, "Why did I have to get let out early today? Mom hasn't even said a word to me as we drive to who

knows where!" Her mind kept wandering off to space and suddenly she thought, "Why isn't dad here? He always comes with mom to pick me up on Thursdays." All of a sudden, Ashley was extremely confused.

Ashley's mom finally parked the car in an old dirt lot behind the newly built bank. They walked into an old building housing a business called "Porter Law & Counseling".

"Mom why are we here?" Ashley questioned.

"Um, mm hmm" her mom mumbled as she reached for her phone.

Just a few minutes later, Ashley was in the old and dirty bathroom splashing water on her tear stained face. She had just been told that her parents were

getting divorced and that was just the start of her problems.

The next day, Ashley was handing out little slips of paper to her close friends at ballet. Her mom had told her that the expenses of getting divorced were really high and Ashley would have to quit ballet.

"Hey, what are these for? I didn't miss your birthday *again* did I?" Ashley's best friend Lily asked. "First of all you didn't miss my birthday, my birthday's in January and its November!" Ashley replied laughing, "Second of all, my mom is pulling me out of ballet because the cost of her getting divorced is

### "My mom is pulling me out of ballet class....."

like, crazy expensive."

When Ashley came home she found her dad upstairs packing away his belongings into large cardboard boxes that were lying on the newly replaced carpet.

"Well," Ashley swallowed, "I guess this is goodbye dad."

"Sorry baby, I didn't want to leave either, but your mom asked me to." her dad replied as he closed a small and cardboard box with packing tape.

A couple hours later, Ashley was waving goodbye to her dad as he drove away in his heavily loaded Nissan Titan.

"I really need to find a way to pay for my ballet classes and that is what I am going to do." Ashley announced to the empty house.

Ashley ran up the stairs and took out her turquoise laptop. She soon was looking up how people had raised money in the

past for something they wanted, needed, etc.

"Ooh! Babysitting looks like a good one!" Ashley squealed.

Over the next week and a half Ashley was figuring out what to ask for payment and she also took a CPR class. Ashley figured out that she would ask 15 dollars an hour and that she would provide toys for the child and food for herself.

A week later, Ashley was booked solid after school for babysitting. This week she would be babysitting for 20 hours. By the end of the week she will have made \$300. That would pay for three months of ballet classes.





Dear Editor,

February 17, 2017

Dear Madam,

I just want to say how much I love your dance magazine! It is so informative, and I love to dance! I love the acrostics, the haikus, and everything else. Your magazine is so inspiring; I want to keep my subscription forever!

I wanted to ask where you dance or if you dance at all? Dance is one of my favorite things to watch!

I never have learned to dance ballet, but I feel like I should. Your magazine is my inspiration to dance now! Thank you for having such a great magazine, and inspiring me to dance!

Sincerely,

Juliet Havok

Dear Reader,

May 2017

Miss Juliet Havok,

When I received your letter, I was filled with joy. I'm glad to hear that you enjoy your subscription to "Ballet Magazine". I was just overjoyed to hear that you enjoy the haikus and the acrostics.

To answer your question, I am a dancer and I enjoy dancing too! I've danced in "The Nutcracker" and I am a Company Member at Ballet Etudes School of Dance.

I am so pleased to hear that my magazine has inspired you to start dancing. Thank you so much for your appreciation of "Ballet Magazine".

Sincerely,

Chiara D'Amato

Editor of "Ballet Magazine"





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## Ballerina Fuel

This recipe was made for my sister who was in LOVE with the basil sprinkled on top of her fried egg. I decided to make this sandwich to add to the egg's flavor factor. This also is a filling sandwich to start your day with, and it's healthy too. Many dancers' diets include proteins, fats, etc. so this sandwich is perfect for that too!

You'll want to start with heating your small pan on an eight and spraying it with vegetable oil. I recommend vegetable oil because it doesn't really taste like anything, so you won't really have this greasy/oily taste on your egg. Next, you'll crack your egg into your small pan. I found it easier to crack it into the pan because it's easier than transferring it from the bowl to the pan. While your egg is cooking on the stove top, cut your bagel in half (I prefer Einstein Bros Plain Bagels from Costco) and toast it on a 2 ½ setting. You'll flip the egg when the egg white part is white. You can either break the yolk or keep it as it is. I prefer not to break it because I personally like runny yolks. Also, when the egg is finishing the cooking process, keep a close eye on it so it doesn't accidentally burn. Then, you'll top it on the bagel, sprinkle a pinch of basil on the egg, top with cheese (I prefer Tillamook's mild cheddar from Costco), and enjoy!

This sandwich was filling to my eight year old sister who's ALWAYS hungry. She couldn't even finish it all because of how filling it was. I believe that many people will like this sandwich that is filling, healthy, and a go to breakfast option. I hope you enjoyed this sandwich as much as my sister did!

## Grand Jete

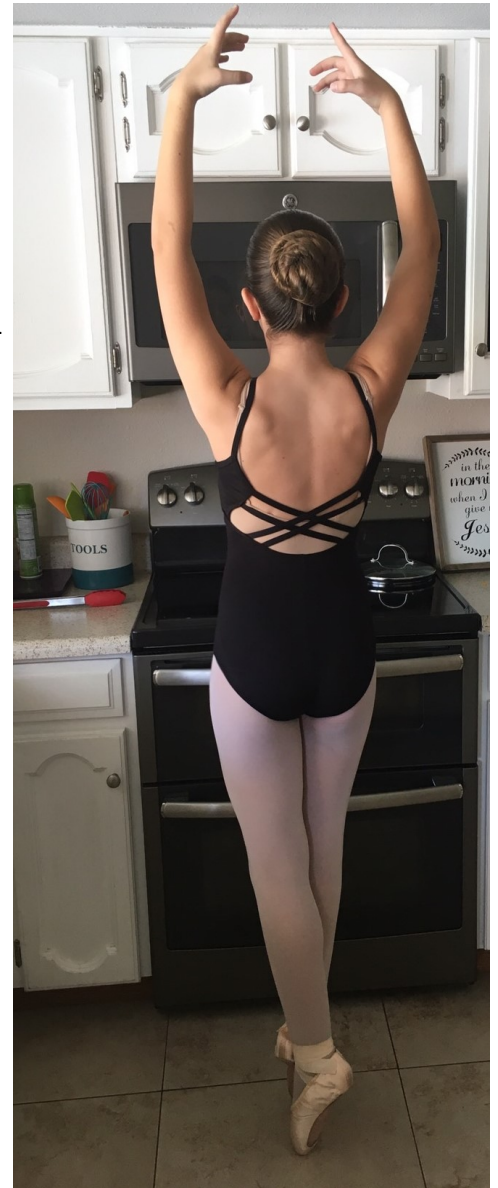
Oh so

High in the air.

Like a flying woman....

Breath and full of suspense.....

In awe.





## Costume Mistress

Roma Morgan of Ballet Etudes is a caring mom of two dancers, a volunteer in all sorts of positions, and the costume mistress at this school of dance. She has seen dancers come and go to the most prestigious of ballet schools including American Ballet Theater and New York City Ballet.

It all started out when her older sister's daughters danced at Jeanne's School of Dance before Ballet Etudes was placed in that building. Two of her older daughters were dancing there and soon left the studio. Years later they rejoined, but a different dance studio had replaced it. The new dance studio was named Ballet Etudes, and it was founded by Sharon Meko. Their break from dance was pretty long, so the new

studio had been there for quite some time. Two of her daughters enrolled at BE. Bridget, the older one, was age six at the time, and Sophie was age three. They enjoyed dancing there and Bridget was soon in the Nutcracker as a baby mouse. Bridget joined the Company in 2010 and has performed in Sleeping Beauty, Repertoire, Herberger Dance Festival of the Arts, and "The Nutcracker". She has been in the Company for six years. Sophie joined the company and received pointe shoes when she was nine in 2013. Her daughters have been in many "Nutcracker" performances and company performances. She is very proud of her daughters because of all the hard work they put into dance. Sometimes when they are feeling down she has them watch old performances they were in to show

them how much they have grown and improved in dance.

"I never get bored of watching the girls' dance," explains Roma.

Miss Roma loves to create costumes for the dancers and also makes costumes for her daughters for talent shows and Halloween. Also, in 2013, Miss Roma was named the costume mistress of Ballet Etudes. She loves being part of the big family at BE. Some of Roma's favorite roles in The Nutcracker are Clara, the Snow Queen, Bon Bon Fairy, and the Dew Drop fairy.

She said, "Clara is my favorite because she is the heart of the show, and the show is based on her dream."

Both of her daughters have done many roles in the nutcracker





including Baby Mouse, Gingerette, Russian, Chinese, Mechanical doll, Clara, and Party Girl. Bridget is going to be one of her mom’s favorite roles in the upcoming Nutcracker performances, the Snow Queen.

Roma is a wonderful mom of two lovely dancers and a giving volunteer at Ballet

**“I never get bored of watching the girls’ dance.”**

Etudes. She is still helping out in many places today to make the studio an even bigger family. Her daughters have more to come in there dance career too. This mom is one of the best people at Ballet Etudes, a face you’re always happy to see at BE.

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## I'm in Love with a Swan

Once a beautiful young maiden,  
Her snobiness making her grow feathers,  
To annoyed to fall in love with a prince,  
Odette would be a swan forever.

Dancing in the moonlight with her fellow swans,  
Prince Siegfried was here, and Odette was gone.  
“I can’t stand that prince!” Odette exclaimed.  
Prince Siegfried scurried off, for it was dawn.

The weeks passed, Rothbart’s daughter, Odile, was back.  
She screamed at her daddy,” I don’t wanna marry the Prince!”  
Odette overheard thinking,” Odile is absurd!”  
Odile screamed again,“ He makes me wince!”

More weeks passed, making Odette grow fond,  
Prince Siegfried cam and went, why didn’t he stay?  
“Oh no!” Odette chirped,” I’ve fallen in love!”  
She thought again,” If he wants to marry me, I may.”

Once again Siegfried came, but Odette didn’t run away.  
She stayed and danced, enchanting the guest.  
Odette realized she loved him with all her heart,  
So she danced and danced her very best.

So in the end Odette was no longer a swan.  
She married Prince Siegfried at dawn,  
Now we know that love grows over time,  
Even if your in love with a swan.





**P**retty amazing

**O**uch on your feet

**I**nvented in the 1400's

**N**on-stop graceful movements

**T**ough shank

**E**ver so silky

**S**atin the shade of pink

**H**urt your feet

**O**n the tips of your toes

**E**xhausted from your hard work

**S**o beautiful to see





## Enrollment Jitters by Diva Dancer

Enrolling at a ballet studio can be fun and scary. It'll be scary if you don't know what you're doing, of course! It can be fun in many ways too.

The fun part will be, after you enroll, you can make many friends. You can make friends with your classmates, older dancers, and the teachers.

Some scary things, after you enroll, can be audi-

tioning for the Company, auditions in general, repeatedly messing up, and/or taking a test.

You'll get over these scary things after time at your studio. Hopefully you'll make many friends and learn more technique, terms, etc. at your studio.

-Diva Dancer

**You can make many friends with your classmates, older dancers, and the teachers.**

## Dew Drop Fairy

In her gold costume,  
brown hair, exquisite crown,  
en pointe and graceful.





Want to spend less money on Summer Intensives this year?

Try *Ballet Etudes* Summer Intensive!

SUMMER 1		SUMMER 2		SUMMER 3		SUMMER 4		
Monday		10:00 AM	Advanced Tech	10:00 AM	Ballet 3A Tech			
	11:30 AM	Jazz 4/5	11:30 AM	Advanced Pointe	11:30 AM	Ballet 3A Pointe		
	1:00 PM	Advanced Lyrical	1:00 PM	Ballet 4/5 Tech	1:00 PM	Jazz 3B/3A		
	2:00 PM	Advanced Jazz		Ballet 4/5 Pointe		Lyrical 3B/3A		
	3:30 PM	Ballet 3B Yr 2+ Tech	3:30 PM	Lyrical 4/5	3:30 PM	Ballet 3B Yr 1 Tech	4:00 PM	Beginning Ballet
	5:00 PM	Ballet 3B Yr 2+ Pointe	4:30 PM	Teen Lyrical	5:00 PM	Strength & Stretch 2	5:00 PM	Ballet 1
		5:30 PM	Teen Ballet	6:00 PM	Ballet 2			
Tuesday	10:00 AM	Ballet 3A Tech	10:00 AM	Advanced Tech				
	11:30 AM	Ballet 3A Pointe	11:30 AM	Advanced Pointe				
	1:00 PM	Ballet 3A Variations (Week 1 Only)	1:00 PM	Advanced Variations	1:00 PM	Ballet 3B Yr 2+ Tech		
			2:00 PM	Ballet 4/5 Tech	2:30 PM	Variations 3B		
			3:30 PM	Ballet 4/5 Pointe				
			4:30 PM	Variations 4/5				
Wednesday			10:00 AM	Advanced Tech	10:00 AM	Ballet 3A Tech		
			11:30 AM	Advanced Pointe	11:30 AM	Ballet 3A Pointe		
	1:00 PM	Strength & Stretch Adv.	1:00 PM	Ballet 4/5 Tech	1:00 PM	Variations 3A	12:30 PM	Ballet 3B Yr 1 Tech
	3:00 PM	Ballet 3B Yr 2+ Tech	2:30 PM	Ballet 4/5 Pointe	2:00 PM	Strength & Stretch 3B/3A	2:00 PM	Beginning Ballet
	4:30 PM	Ballet 3B Yr 2+ Pointe	3:30 PM	Strength & Stretch 4/5	4:00 PM	Ballet 2	3:00 PM	Ballet 1
					5:00 PM	Variations 2	4:00 PM	Variations 1
				6:00 PM	Lyrical 2	5:00 PM	Lyrical 1	
Thursday			10:00 AM	Advanced Tech	10:00 AM	Ballet 3A Tech		
	11:30 AM	Character 4/5	11:30 AM	Advanced Pointe	11:30 AM	Ballet 3A Pointe		
			1:00 PM	Ballet 4/5 Tech	1:00 PM	Character 3B/3A		
	2:00 PM	Ballet 3B Yr 2+ Tech	2:30 PM	Ballet 4/5 Pointe	2:00 PM	Ballet 3B Yr 1 Tech		
BE School of Dance is closed on Fridays during the summer; no classes are held.								
		9:30 AM	Adult Ballet	9:30 AM	Beginning Ballet	9:30 AM	Creative Movement	
				10:30 AM	Ballet 1	10:30 AM	Pr...	

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## Dear Prima Ballerina,

Dear Misty Copeland,

My name is Chiara D'Amato, I am homeschooled, and I love watching you dance. I have been dancing for six years altogether, and I'm in love with it. I have done classical ballet for my six years of dancing. How long have you been dancing? I have performed in The Nutcracker once as a mouse, and this year I am a soldier, a snow flurry understudy, and also a page. Have you ever been in The Nutcracker?

I have watched "A Ballerina's Tale" a few times and love watching you dance. One of my dreams is to dance with ABT or NYCB someday. I'm hoping to obtain pointe shoes next May. Does it sometimes hurt when you wear pointe shoes? I have to pass a test and take x-rays before I can even wear pointe shoes.

I currently go to Ballet Etudes School of Dance and I am a trainee in their Company. The husband of my favorite teacher, also the owner of the studio, died recently, so she doesn't teach our class all the time. I really hope she can come back and start teaching our classes. The Company is going to do "Beauty and the Beast" as their spring performance in 2017. Have you ever seen the "Beauty and the Beast" ballet before? I had not heard of it until I got accepted. I will also perform in their Company Repertoire.

I hope to watch you dance one day and dance with you at ABT. What is it like living at ABT? Sometimes I don't feel like going to dance because I feel tired. Do you ever feel like that? What do you do all day at ABT? What ballets have you been in recently? Is being a professional ballerina different from normal life? I really would like to be a professional dancer one day, and I'm glad to have you as my inspiration.

I understand if you are unable to reply because of your busy schedule at ABT. I know what it is like to be a busy dancer.

Sincerely,

Chiara D'Amato





## Dr. Coppelius' Mistake

The satisfaction,  
lies in the moment of creation  
of a true artist  
makes imaginative and perfect dolls  
all by himself  
never again though,  
would he put one in his window.



## The Ridiculousness in Classical Ballet Performances

During the Nutcracker season with resident dance studio, Ballet Etudes, the dancers performed some practical jokes during their dress rehearsals. As some people might not know, 12 Nutcracker performances can be very stressing and unbearable. The higher level company girls thought up some mischievous, but hilarious pranks to play on Ballet Etudes owner, Sharon Meko.

Many of the soldiers, tired of using their extremely heavy guns, had their light-as-air and fuzzy stuffed animals. Unable to spin them, like their guns, they gave them a warm hug. But the wicked baby mice had to take them away from them, breaking

the soldier's hearts in two.

The Pages, Ladies in Waiting, Ladies of the Court, and the Dew Drop Fairy were aggravated by their itchy and sweaty costumes, so they wore their comfy pajamas. Tired from all the practices, rehearsals, and other dance related activities they decided to rest, on the stage floors. Yawning when the music woke them up, they sleepily started doing their assigned choreography.

The pranks were mood-lightening making many people laugh at these silly ideas the hilarious dancers made up! Everyone was so tired from all the dancing. The chaperones and coordinators

were exhausted, and most of the choreographers were stripped of all their energy.

The other dancers had done many other pranks too. Even if they were sore, they still danced while their muscles ached. Many of the main roles were so tired they felt as if their limbs were "dead".

Everyone, including the cast, choreographers, coordinators, and chaperones had a wonderful night laughing off all their worries about the upcoming shows. Just because of this Nutcracker Tradition.





## The Snobby Understudy by Chiara D'Amato

"I deserved better than being the Dew Drop understudy!" Bella screamed at her mother.

"Bella, you did your best. The people who cast you knew what roles were right for you." her mother said, attempting to calm Bella.

*"They now what's right for you. My foot!"* she yelled back.

"Bella, go to your room this instant!" her mother shouted back, having lost her patience with Bella's uncontrollable temper.

"Fine, oh and don't try to make me feel better with bribing me with treats!" she screamed as she stomped up the stairs.

Bella, a ballet-loving, self-absorbed teenager, had just received a letter with her roles for The Nutcracker. She had been cast in roles such as party girl, snowflake, and understudy Chinese, but she was having a hard time believing she was the understudy for the Dew Drop Fairy.

"I deserved better." she whispered in her room, "I rocked my audition and yet here I am the understudy for the Dew Drop Fairy! Not the Dew Drop Fairy! I'm a dumb understudy!"

Bella, having started ballet at a very young age, was a very high level dancer, for even her age. She

was still a normal teen, despite her constant need to dance all around the place. She had already been dancing en pointe since she was nine, and she loves every second she has to dance.

She had about a day to get over this disappointment because she had rehearsals the next day at 3 pm.

Bella's alarm buzzed as loud as a jackhammer on a dead silent night, waking her up.

"Bonjour Bella!" greeted her mom.

"S'il vous plaît laissez-moi en paix!" She yelled.

"What?" Bella's mom laughed.

"Please leave me alone!" she grumbled.

"Okay. Remember, shower, bun, leotard, car." she yelled as she walked down the stairs.

Bella got out of bed as slow as a sloth and then she showered, bunned her hair, put on her favorite leotard, and hopped into the car.

"Can we stop at Donut Heaven? I didn't eat." Bella questioned as her stomach grumbled.

"Ah, yes! I knew I forgot something! I forgot to tell you to grab something to eat in the car!" her mom laughed hysterically.

"Can we stop there then?" Bella mumbled.

"Sure." her mom replied.

After a quick stop at Donut Heaven, Bella arrived at her dance studio, Le Studio. She ran as fast as an Olympic sprinter to her lounge, so she could put her bag away and slip on her pointe shoes in time for her first lengthy rehearsal.

After a few rehearsals Bella was ready for her Dew Drop rehearsal. Although she was an understudy she made sure to be on time, presentable, and professional. Even if she thought that she was better than Alexis, the Dew Drop Fairy, she wasn't.





Before the rehearsal started, one of the instructors pulled her aside.

"Bella, you are a very talented dancer, but we cast you as an understudy for this because you don't have enough technique and agility for this role." the instructor informed.

"I know, but thank you for an opportunity to learn it!" she replied.

"I'm glad you understand. I thought you would be extremely angry and upset." the instructor gladly replied.

The rehearsal started and Bella could hear the instructors whispering. They said that she wasn't getting the musicality right on the pirouettes.

After the rehearsal, Bella was pulled into the sewing room to try on the Dew Drop Fairy costume.

*"I wonder what that was for. Maybe I will be the Dew Drop Fairy for half the shows!"* she thought.

"Thank you for your time Bella. I just needed to make sure that your snowflake costume would fit you because they have tutus this year. I just wanted to make sure the size was right." the costume mistress explained.

"Great!" Bella fake smiled.

Bella made her way into the crowded lounge, and she found her-

self asking Alexis, the Dew Drop Fairy, for help.

"So I kind of need help on the pirouette to grande jeté combination, it's the one in the solo." Bella explained.

"Okay. All you have to focus on is getting your feet in the right positioning and then, instead of the grande jeté do a petit jeté." Alexis explained.

"Cool! Thanks for the tips." Bella thanked.

After that, Bella rode home with her mom, and she went on with her week.

After about three months in rehearsals, Bella had mastered all her roles, even her understudy roles of Chinese and Dew Drop Fairy. She was starting to let go of her hope of playing the Dew Drop Fairy, but she was still the slightest bit hopeful that she would be able to be the Dew Drop.

Her 11 performances as party girl and snowflake went extremely well, but an unexpected surprise occurred before the final performance. Alexis, the Dew Drop Fairy, had gotten a fever and couldn't dance the Dew Drop Fairy that night. Bella was asked to fill in, as the only understudy, for the Dew Drop Fairy.

"Guess what mom!" Bella shouted into her iPhone.

"What Bella?" her mom replied sarcastically.

"I am filling in for the Dew Drop tonight!" she screamed with joy.

"Wow!" her mom cheerfully replied.

Bella got ready for the Dew Drop Fairy after snow scene. She rushed to get on all the makeup and put on a different pair of pointe shoes.

She danced gracefully in all of the scenes the Dew Drop was in, coming off stage as breathless as an Olympic athlete. Her solo was exquisite and breathtaking to everybody.

After the finale, Bella came off stage panting as hard as a dog, exhausted after her many dances.

She ran down to her dressing room, and dialed her mom's number as fast as humanly possible.

"Mom," Bella panted into the phone, "Guess what!"

"What babe?" her mom asked with fright.

"You were right." she smiled.

"About what?" she questioned.

"Being an understudy for that is better than I thought!" Bella heartily laughed.





## Fight Scene

Large, scary, ugly mice  
The way they treat Clara isn't nice  
Jumping on her trembling body  
Oh my, I fell so sorry  
Now go away big mice, your king is sliced!

*Dear Martha,*

Dear Martha,

I enjoy reading Ballet Magazine so much! But I have a question. What is it like being a principal dancer in a big ballet company like ABT or NYCB? Do you get paid to dance there or do you have to pay them? Can you have another job, or is your schedule too packed? Do you get to visit your friends and family? I'm kind of scared if I ever become a principal in a big ballet company. I want to be able to have freedom.

Sincerely,

Victoria Lüderitz

Dear Victoria Lüderitz,

Being a Principal at NYCB or ABT can be extremely fun, yet exhausting.. They may have many rehearsals and classes. Although during their spring, winter, and fall breaks they can visit their family and friends in their hometown.

Getting a scholarship to a prestigious company can be extremely helpful because summer intensives can cost almost two-thousand dollars!

Many of the Principals at these prestigious companies, have spending money. They also are paid to be part of the company.

Being a company member at my dance studio, I see many Principals, Soloists, and Seniors. They do their homework before or in between their classes, so they can get some decent sleep.

If you ever want to go to a prestigious ballet company, you should probably start dancing very young. Misty Copeland started dancing around the age of 13 and now she is a Principal at ABT.

I hope this information answered your question!

Sincerely,

Martha

Editor of Ballet Magazine Advice Column





## New Shoes

In my new pointe shoes,  
Tests have been passed, x-rays done.  
I'm en pointe, I am!



## Company Audition

I tried to distract myself  
being nervous,  
before the audition.  
The older girls I kept an eye on  
for they knew what they were doing.  
Just remember though,  
no question is a stupid question.



